### TLC: Talk, Listen, Change

#### **Role Profile**

Job Title Domestic Abuse CARA Facilitator (Cautioning and Relationship Abuse)

Salary: Grade 3 Point 23: £29,654 per annum FTE based on 37 hours p/w (£15.41 per hour)

Annual Continuous Professional Development allowance

Generous Annual leave entitlement

Birthday leave

Hours: A minimum commitment of 28 hours per year plus 26 hours initial training.

More frequent hours available.

Contract: Sessional hours as agreed with line manager

Locations: Delivery venues will include those close to metro stations across Tyne and Wear and

in main towns in Northumberland.

Accountability: Domestic Abuse CARA Service Manager

Job Purpose: To co-deliver domestic abuse awareness raising group workshops to first time

offenders of domestic abuse who have made a full admission and accept

responsibility of their use of unhealthy behaviour

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## Please note:

This post is subject to an Enhanced DBS check and police vetting.

You will be required to attend core CARA Facilitator Training. TBC but expected either:

Monday, Tuesday and Wednesday (Online, 5.30 – 8.30pm) and Saturday and Sunday (Inperson, 9am – 4.30pm) on either the week commencing:

27th October or 3rd November.

In-person training will be conducted in Humberside (Travel costs covered).

### **Key Responsibilities:**

### Delivering group work with clients:

- To actively participate in CARA Core Training prior to delivery of CARA sessions.
- To deliver domestic abuse awareness raising workshops with a co-facilitator to groups of approximately ten participants.

- To use motivational interviewing techniques and ensure adherence to the CARA manual and any additional guidance from training when delivering workshops.
- To ensure safeguarding and risk management is considered at all times when delivering workshops.
- To ensure sessions are recorded, where required, for monitoring purposes.
- To ensure CARA attendance registers are correctly completed and submitted securely to CARA lead.
- To ensure that session planning, de-brief and evaluation is undertaken and recorded.
- To ensure that all resources needed for the effective delivery of the sessions are in place, including any preparation tasks required, such as purchasing refreshments, stationery and printing of worksheets.
- To undertake practice supervision for the purposes of facilitator development and to ensure programme integrity when delivering the CARA workshops.
- To undertake ongoing CARA training and development as and when required.
- To work closely and collaboratively with TLC: Talk, Listen, Change responding to communications in a timely manner.
- To liaise with external agencies as and when required.

### Other

- To conduct all work in a way that reflects the aims and principles of TLC, Talk Listen Change in particular TLC, Talk Listen Change policies on Equal Opportunities and Confidentiality.
- To keep up to date with domestic violence and abuse issues and participate in relevant training as required.
- To undertake other duties as reasonably requested.

# **Person Specification**

<b>ATTRIBUTES</b>	ESSENTIAL	DESIRABLE
Education,	An understanding of the importance	Understanding and awareness of
Training and	of safeguarding procedures	motivational interviewing techniques
Knowledge		
	A comprehensive understanding of	Completed Motivational Interviewing
	domestic abuse and short- and long-	training
	term impacts on victims and their	
	children	Theoretical and practical knowledge of
		domestic abuse issues and research

	Understanding of cultural diversity and non-discriminatory practice	Awareness of Cognitive Behaviour Theory and principles  Awareness of offender's denial, minimisation, victim blaming and other tactics when responding to domestic abuse issues
Relevant Experience	Experience of working with domestic abuse perpetrators/offenders and/or victims  Experience of group work	Experience of facilitating domestic abuse perpetrator/offender group work
Skills and Abilities	Well-developed communication skills  Good administrative and organisational skills  Good planning and time management skills  Group facilitation skills  Ability to self-evaluate, reflect and improve practice with service-users and learn from constructive feedback	Fluent in an additional language
Personal Attributes and other factors	A commitment to anti-discriminatory practice in employment and service delivery, and to implementing anti-discriminatory practice in relation to job responsibilities  A commitment to work in accordance with the confidentiality and equal opportunities policies of TLC; Talk, Listen, Change A commitment to personally adhere to values of non-violence and respect in order to model this to service users.  A commitment to working in ways that prioritise the safety of those affected by domestic abuse, both adult victims and their children  Ability to travel to workshop training locations	